
**UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549**

FORM 8-K

**CURRENT REPORT
Pursuant to Section 13 or 15(d) of the
Securities Exchange Act of 1934**

Date of report (Date of earliest event reported): June 19, 2006

Commission File Number 1-13610

PMC COMMERCIAL TRUST

(Exact name of registrant as specified in its charter)

TEXAS

(State or other jurisdiction
of incorporation or organization)

17950 Preston Road, Suite 600, Dallas, TX 75252

(Address of principal executive offices)

75-6446078

(I.R.S. Employer Identification No.)

(972) 349-3200

(Registrant's telephone number)

Former name, former address and former fiscal year, if changed since last report: NONE

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

- Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
 - Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
 - Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
 - Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))
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Item 7.01 Regulation FD Disclosure

On June 19, 2006, PMC Commercial Trust issued a press release describing the sale of four hotel properties during the second quarter of 2006. A copy of the press release is attached as Exhibit 99.1 to this report. This information shall not be deemed “filed” for purposes of Section 18 of the Securities Exchange Act of 1934, as amended (the “Exchange Act”), or incorporated by reference in any filing under the Securities Act of 1933, as amended, or the Exchange Act, except as shall be expressly set forth by specific reference in such a filing.

Item 9.01. Financial Statements and Exhibits

- (a) Not applicable.
- (b) Not applicable.
- (c) Exhibits

99.1 Press Release dated June 19, 2006.

SIGNATURE

Pursuant to the requirements of Section 13 or 15 (d) of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned thereunto duly authorized.

Date: June 20, 2006

PMC COMMERCIAL TRUST

By: /s/ Barry N. Berlin

Barry N. Berlin, Chief Financial Officer

FOR IMMEDIATE PRESS RELEASE

FOR: PMC COMMERCIAL TRUST
17950 Preston Road, Suite 600
Dallas, TX 75252

CONTACT: Investor Relations
972-349-3235

**PMC COMMERCIAL TRUST ANNOUNCES COMPLETION OF HOTEL
DISPOSITIONS WITH ONLY 3 OF 32 AMERIHOST PROPERTIES REMAINING**

PMC Commercial Trust
AMEX (Symbol: "PCC")

Dallas, Texas

June 19, 2006

PMC Commercial Trust announced today that the sale of the final hotel property classified as "held for sale" has been completed. During the second quarter of 2006, four properties were sold for gross proceeds of approximately \$7.6 million including seller provided financing of approximately \$6.8 million. The net book value of the properties was approximately \$6.7 million. Any excess of sales proceeds over the net book value of the assets sold will be deferred and recognized using the installment method of accounting.

Andrew Rosemore, Chairman of the Board, stated; "With the sale of these four Amerihost properties during the second quarter of 2006, we have only three properties remaining. This completes our selling process ahead of schedule. We are currently in discussions with third party tenants to lease the remaining three properties. We are particularly pleased to have sold all of our properties "held for sale" in such a short time frame."

Commencing in 1998, PMC Commercial Trust ("PMC") acquired 30 hotel properties from Arlington Hospitality Inc. ("Arlington"), which it then leased back to a subsidiary of Arlington. During 2005, Arlington filed for bankruptcy, resulting in an additional two financed properties being repossessed.

Arlington operated substantially all of the remaining properties until mid-January 2006 when the Bankruptcy Court approved the rejection of the leases and PMC assumed operations through third party management companies.

PMC Commercial Trust is a REIT that originates loans to small businesses secured by real estate and owns various hospitality properties.

Certain matters discussed in this press release are "forward-looking statements" intended to qualify for the safe harbors from liability established by the Private Securities Litigation Reform Act of 1995. These forward-looking statements can generally be identified as such because the context of the statement will include words such as the Company "expects," "anticipates," "will" or words of similar import. Similarly, statements that described the Company's future plans, objectives or goals are also forward-looking statements. Such forward-looking statements can be subject to certain risks and uncertainties, including the financial performance of the Company, real estate conditions and market valuation of its stock, which could cause actual results to differ materially from those currently anticipated. Although the Company believes the expectations reflected in any forward-looking statements are based on reasonable assumptions, the Company can give no assurance that its expectations will be attained. Shareholders, potential investors and other readers are urged to consider these factors carefully in evaluating the forward-looking statements. The forward-looking statements made herein are only made as of the date of this press release and the Company undertakes no obligation to publicly update such forward-looking statements to reflect subsequent events or circumstances.